

# FOOD

## SAFETY SURVEY

Orally, ask the following questions of at least three members of your family (try to include one parent, one grandparent or senior, and one sibling).



### Do you regularly:

- 1 Wash hands with warm water and soap for 20 seconds before preparing food?
- 2 Wash hands with warm water and soap for 20 seconds before eating?
- 3 Clean countertops before preparing food?
- 4 Rinse fruits and vegetables with cold running water before preparing them?
- 5 Rinse fruits and vegetables with cold running water before eating them?



### Do you regularly:

- 9 Rotate or stir food in the microwave to avoid "cold spots"?
- 10 Bring sauces, soups and gravy to a boil when reheating?
- 11 Make sure eggs are cooked until the yolk is solid?
- 12 Avoid eating cookie dough or cake batter that was made with raw eggs?
- 13 Use a food thermometer when cooking meat, poultry and fish?



### Do you regularly:

- 6 Clean and disinfect the cutting boards used for raw meat, fish and poultry before using for any other foods?
- 7 Keep raw meat, fish and poultry wrapped properly and kept separately in the refrigerator so juices do not drip on other foods?
- 8 Put cooked meat, fish or poultry on a different platter than the one with the raw juices?



### Do you regularly:

- 14 Use a cold pack for packed lunches or picnic foods?
- 15 Refrigerate leftovers right away?
- 16 Defrost foods in the refrigerator, in cold water or in the microwave?

# Survey Investigation



## Clean Check

How often are the kitchen dish cloths or sponges washed?

\_\_\_\_\_

Are countertops and work surfaces washed with soap and hot water before and after every meal that is prepared?

Yes

No



## Fridge Exam

How many and what kind of food storage containers are in your fridge.

Type	Number	Storing...
Deep		
Shallow		
Foods not covered		



Does your family own and use a food thermometer?

Yes

No



## Cutting Board Count

How many cutting boards are there in the kitchen. \_\_\_\_\_

What material are they made of (plastic, wood, etc.,) \_\_\_\_\_

\_\_\_\_\_

Student Signature: \_\_\_\_\_